

ASIA-PACIFIC MINDFULNESS CONFERENCE 2021



Connecting Hearts Transforming Minds

14-29 August 2021 (weekends) – online and onsite



Guest of Honour: Dr Janil Puthucheary
Senior Minister of State, Ministry of Health

Featuring World's Experts in Mindfulness

Join us at the largest mindfulness conference where mindfulness luminaries gather to share the research, practices, approaches in caring for the mind, brain & wellbeing.
Don't miss it!

FREE live webinars

Conference Details & Registration
www.brahmcentre.com/apmc2021



Paid Workshops:
Registration will open in April 2021

KEYNOTE SPEAKERS



Prof Richard Davidson
Prof of Psychology and Psychiatry, Founder & Director The Center for Healthy Minds University of Wisconsin-Madison



Prof Willem Kuyken
Prof of Mindfulness and Psychological Science & Director, University of Oxford Mindfulness Centre



Dr Sara Lazar
Director, Lazar Lab Harvard University
Asst Professor in Psychology Harvard Medical School



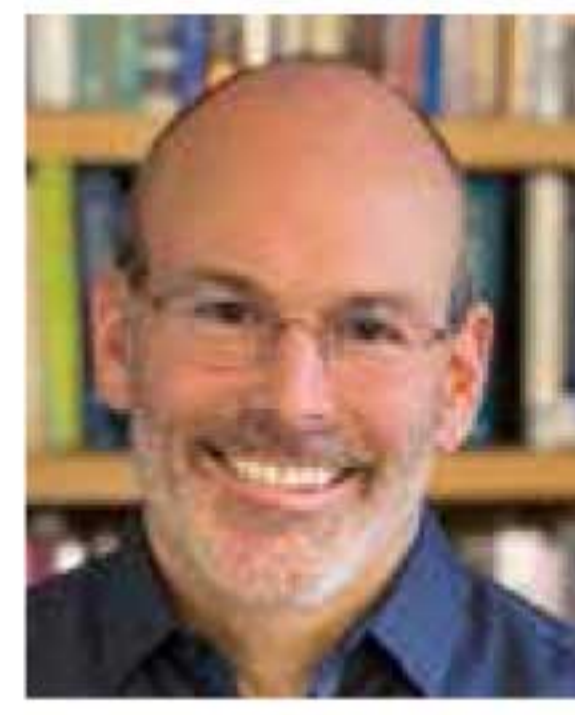
Prof Mark Williams
Co-founder of Mindfulness-Based Cognitive Therapy University of Oxford



Prof Zindel Segal
Co-founder of Mindfulness-Based Cognitive Therapy, University of Toronto Scarborough



Prof Elissa Epel
Prof & Vice Chair Dept of Psychiatry University of California San Francisco



A/Prof Judson Brewer
Assoc Prof of Psychiatry Brown University & Director of Research & Innovation Brown Mindfulness Centre

OPENING SESSION SPEAKERS



Adj A/Prof Angie Chew
CEO & Mindfulness Principal Brahm Centre & Singaporean of The Year 2019



Prof Philip Choo
Group Chief Executive Officer National Healthcare Group Singapore



A/Prof Craig Hassed
Medical Doctor & Snr Lecturer Monash University



Dr Eric Loucks
Director, Brown Mindfulness Centre & Assoc Professor of Behavioral & Social Sciences Brown University



Kevin Fong
Founding Teacher ATINAT Institute of Mindfulness Training China



Tan Li San
CEO, National Council of Social Service, Singapore



Mr Tan Kwang Cheak
CEO, Agency for Integrated Care Singapore

A PANEL OF MORE THAN 60 INTERNATIONAL SPEAKERS AND WORKSHOPS LEADERS INCLUDING:



Richard Burnett
Teacher & Founder Mindfulness in Schools Project UK



Prof Christopher Cheng
CEO, Sengkang General Hospital, Singapore



Dr Faith Chia
Sr. Consultant Dept of Rheumatology Allergy & Immunology Tan Tock Seng Hospital Singapore



Prof Chua Hong Choon
Dep. Group CEO, National Healthcare Group & CEO Khoo Teck Puat Hospital Singapore



Prof David Creswell
Prof of Psychology Carnegie Mellon University



Dr Kinjal Doshi
Principal Clinical Psychologist, Singapore General Hospital Singapore



Dr John Francis
National Geographic Planet Walker & Environmentalist



Dr Daniel Fung
CEO, Institute of Mental Health, Singapore, President International Association for Child & Adolescent Psychiatry & Allied Professions



Dr Christopher Germer
Lecturer in Psychiatry Harvard Medical School and Co-Founder of Mindful Self-Compassion Program



Prof Kua Ee Hock
Sr. Consultant, Dept of Psychological Medicine, National University Hospital, Singapore



Dr Liu Xinghua
Assoc Dean, School of Psychological and Cognitive Sciences Peking University



Florence Meleo-Meyer
Global Ambassador to the Global Mindfulness Collaborative



Dr Noorhazlina Bte Ali
Sr. Consultant, Dept of Geriatric Medicine Tan Tock Seng Hospital Singapore



Dr Karen Sheffield-Abdullah
Doctor of Nursing & Postdoctoral Research Fellow, University of North Carolina at Chapel Hill



Dr Ronald Siegel
Asst Professor of Psychology Harvard University



Dr Sun Yujing
Oncologist, GuangZhou Medical School Secondary Hospital, China



Dr Chris Willard
Psychologist & Educational Consultant, Harvard Medical School



Prof Samuel Wong
Prof & Director, JC School of Public Health & Primary Care, Director CUHK Thomas Jing Centre for Mindfulness Research & Training, Hong Kong



Dr Mabel Yap
Director, Professional Training & Assessment Standards, Ministry of Health, Singapore



Dr Fadel Zeidan
Executive Director University of California San Diego Center for Mindfulness

Singapore Co-organisers



International Co-organisers & Partners

